



SUPPER MENU

MAY 2021



Monday	Tuesday	Wednesday	Thursday	Friday
03 BBQ Chicken Nuggets Grilled Chicken Tenders Colby Cheddar Cheese Stick Sun Chips Cucumbers Fruit Cup BBQ Sauce Low-Fat Ranch Dressing Fat-Free Chocolate Milk # of Leftovers <input type="text"/>	04 Grab & Go Turkey Bites Carrots Apple WG Bread Stick Marinara Dipping Sauce 1% White Milk # of Leftovers <input type="text"/>	05 Bagel and Shmear Whole Wheat Bagel Low-Fat Cream Cheese Mozzarella String Cheese Sun Butter Celery Grapes Fat-Free Chocolate Milk # of Leftovers <input type="text"/>	06 Turkey Sandwich Sliced Turkey Breast Low-Fat Cheddar Cheese Whole Wheat Bread Grape Tomatoes Orange Low-Fat Ranch Dressing Low-Fat Mayonnaise 1% White Milk # of Leftovers <input type="text"/>	07 It's Brunch Time! Mozzarella Cheese Stick Low-Fat Strawberry Yogurt Low-Fat Blueberry Muffin Carrots Apple Fat-Free Chocolate Milk # of Leftovers <input type="text"/>
10 Southwest Wrap Grilled Chicken Strips Low-Fat Cheddar Cheese WG Tortilla Peppers Strawberry Applesauce Picante Sauce 1% White Milk # of Leftovers <input type="text"/>	11 Build it Day! Bagel Low-Fat Blueberry Yogurt Sunflower Seeds Raisins Celery Low-Fat Cream Cheese Fat-Free Chocolate Milk # of Leftovers <input type="text"/>	12 Nacho Day Tortilla Chips Cheese Dip Sunflower Seeds Salsa Cup Fruit Cup 1% White Milk # of Leftovers <input type="text"/>	13 Flatbread Pizza Whole Wheat Flatbread Shredded Mozzarella Cheese Marinara Sauce Grape Tomatoes Fruit Cup Low-Fat Ranch Dressing Fat-Free Chocolate Milk # of Leftovers <input type="text"/>	14 Sun Butter Sandwich Sun Butter Spread Jelly WG Graham Cracker Mozzarella String Cheese Carrots Orange Pretzels 1% White Milk # of Leftovers <input type="text"/>
17 Ham & Cheese Ham Muenster Cheese Pretzel Roll Broccoli Fruit Cup Low-Fat Ranch Dressing Fat-Free Chocolate Milk # of Leftovers <input type="text"/>	18 Orange Breakfast Cheerios Low-Fat Peach Yogurt Carrots Orange 1% White Milk # of Leftovers <input type="text"/>	19 Walking Taco Grilled Chicken Strips Low-Fat Cheddar Cheese Nacho Doritos Salsa Cup Mixed Berry Applesauce Mild Hot Sauce Fat-Free Chocolate Milk # of Leftovers <input type="text"/>	20 Turkey Croissant Turkey Breast Colby Jack Cheese WG Croissant Cole Slaw Pear Low-Fat Mayonnaise 1% White Milk # of Leftovers <input type="text"/>	21 Hummus Dippers Whole Wheat Crackers Hummus Dip Sunflower Seeds Carrots Mango Applesauce Fat-Free Chocolate Milk # of Leftovers <input type="text"/>



**** Use the boxes to help you keep track of your leftovers.**
Contact Joy Prospal at (630) 443-6910 x177 to adjust your delivery amounts so that you are able to use up all of your