



Lunch

JULY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<div></div> <div>01 Nacho Day Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Tortilla Chips, 1oz Red Salsa, 1/2c Strawberries, 1/2c Sour Cream, 1ea Taco Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>01 Nacho Day Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Tortilla Chips, 1oz Red Salsa, 1/2c Strawberries, 1/2c Sour Cream, 1ea Taco Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>02 Café Turkey Club Sliced Turkey, 2.5oz American Cheese .5oz WG Bread, 2oz (2ea) Dill Pickle, 1/4c Apple, 1/2c, Mayo, 1ea Mustard, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>03 Walking Taco Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Nacho Doritos, 1oz Salsa, 1/2c Peach, 1/2c Picante Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>NO FOOD DELIVERED</div>
<div>07 Breakfast for Lunch Peach Yogurt, 4oz Sunflower Seeds, 1oz Honey Scooters Cereal, 1oz Fresh Orange, 1/2c Flavored Applesauce, 1/2c 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>08 Cracker Stacker Turkey Ham Squares, 2oz Cheese Cubes, 1oz WG Crackers, .7oz (4ea) Carrots, 1/2c Plum, 1/4c Ranch, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>09 Chopped Salad Mozz Cheese Stick, 2oz (2ea) WG Breadstick 1oz, WG Croutons, .25oz Chopped Lettuce, 3/4c Grapes, 1/2c Marinara Sauce, 1oz Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>10 Bagel Day WG Plain Bagel, 2oz Mozz Cheese Stick, 1oz WOW Butter, 1.1oz Celery, 1/2c Strawberries, 1/2c Cream Cheese, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>11 Sunbutter Sandwich Sunbutter Sandwich, 2.6oz Mozzarella Stick, 1oz WG Cheddar Crackers, .75oz Broccoli, 1/2c Apple, 1/2c 1% White Milk, 8oz # of Leftovers <input type="text"/></div>
<div>14 Parfait Day Vanilla Yogurt, 4oz Soy Nuts, 1oz Granola, 1oz Pretzels, .7oz Diced Peaches, 1/2c Blueberries, 1/4c FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>15 Grilled Chicken Salad Grilled Chicken, 2oz Cheese Cubes, 1oz WG Dinner Roll, 1oz WG Croutons, .25oz Romaine Lettuce, 3/4c Grapes, 1/2c Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>16 Ham and Swiss Sliced Turkey Ham, 2oz Monterrey Jack Cheese, .75oz Pretzel Roll, 2oz Carrots, 1/4c Cantaloupe, 1/2c Mustard, 1ea Ranch, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>17 Bite Size Turkey Bites, 1oz Cheese Stick, 1oz Pretzels, .7oz Grape Tomatoes, 1/2c Plum, 1/4c Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>18 Southwest Pita Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Pita, 2oz Peppers, 1/3c Nectarine, 1/2c Taco Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>
<div>21 Turkey on Oat Bread Sliced Turkey, 2oz Provolone Cheese, 1oz Oat Bread, 2oz Vegetable Sticks, 1/2c Flavored Applesauce, 1/2c Mayo, 1ea Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>22 It's Brunch Time! Hardboiled Egg, 1ea Strawberry Yogurt, 4oz WG Blueberry Muffin, 2oz Carrots, 1/2c Plum, 1/4c Ranch, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>23 Chicken Dippers WG Breaded Nuggets, 3oz (5) WG Sun Chips, 1oz Broccoli, 1/2c Watermelon, 1/2c BBQ Sauce, 1ea Ketchup, 1ea Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>24 Nacho Day Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Tortilla Chips, 1oz Red Salsa, 1/2c Strawberries, 1/2c Sour Cream, 1ea Taco Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>25 Flatbread Pizza WG Flatbread, 2oz Mozzarella Cheese, 2oz Turkey Pepperoni, .5oz Marinara Sauce, 1oz Green Pepper Slices, 1/3c Pear, 1/2c 1% White Milk, 8oz # of Leftovers <input type="text"/></div>
<div>28 Café Turkey Club Sliced Turkey, 2.5oz American Cheese .5oz WG Bread, 2oz (2ea) Dill Pickle, 1/4c Apple, 1/2c, Mayo, 1ea Mustard, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>29 Breakfast for Lunch Peach Yogurt, 4oz Sunflower Seeds, 1oz Honey Scooters Cereal, 1oz Blueberries, 1/2c Fresh Orange, 1/2c 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div>30 Walking Taco Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Nacho Doritos, 1oz Salsa, 1/2c Peach, 1/2c Picante Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/></div>	<div>31 Chopped Salad Mozz Cheese Stick, 2oz (2ea) WG Breadstick 1oz, WG Croutons, .25oz Chopped Lettuce, 3/4c Grapes, 1/2c Marinara Sauce, 1oz Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/></div>	<div></div>

**** Use the boxes to help you keep track of your leftovers. ****

Contact Joy Prospal at (630) 443-6910 x177 to adjust your delivery amounts so that you are able to use up all of your leftovers.

All grains served are whole grain